



EuroVelo 7

Exciting views along alpine rivers

7650km length, **9** countries crossed, **4** UNESCO sites, **8** European rivers



In Austria:

Distance: approx. 550km

Climb: 3700m altitude

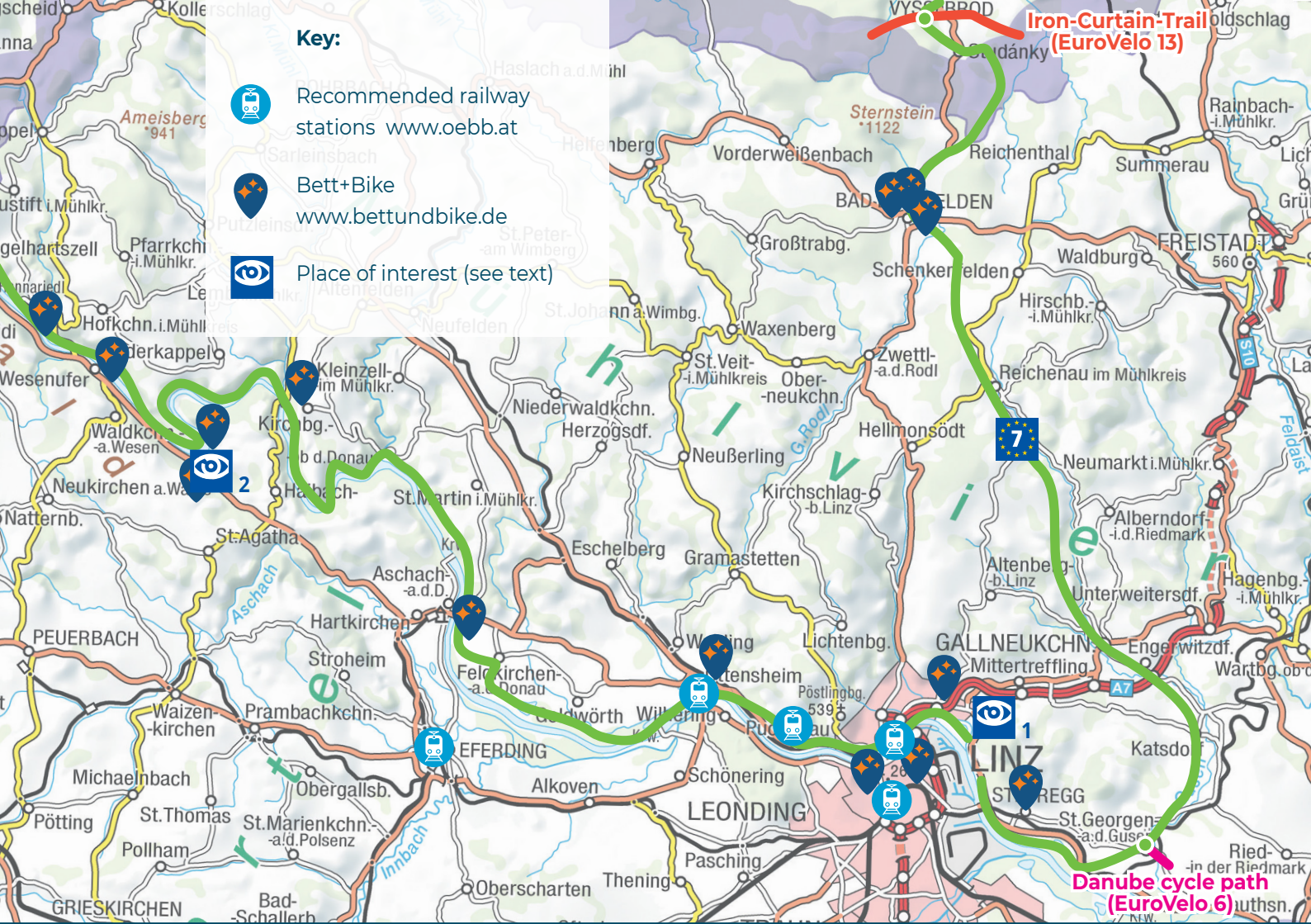
Duration: approx. 14 days

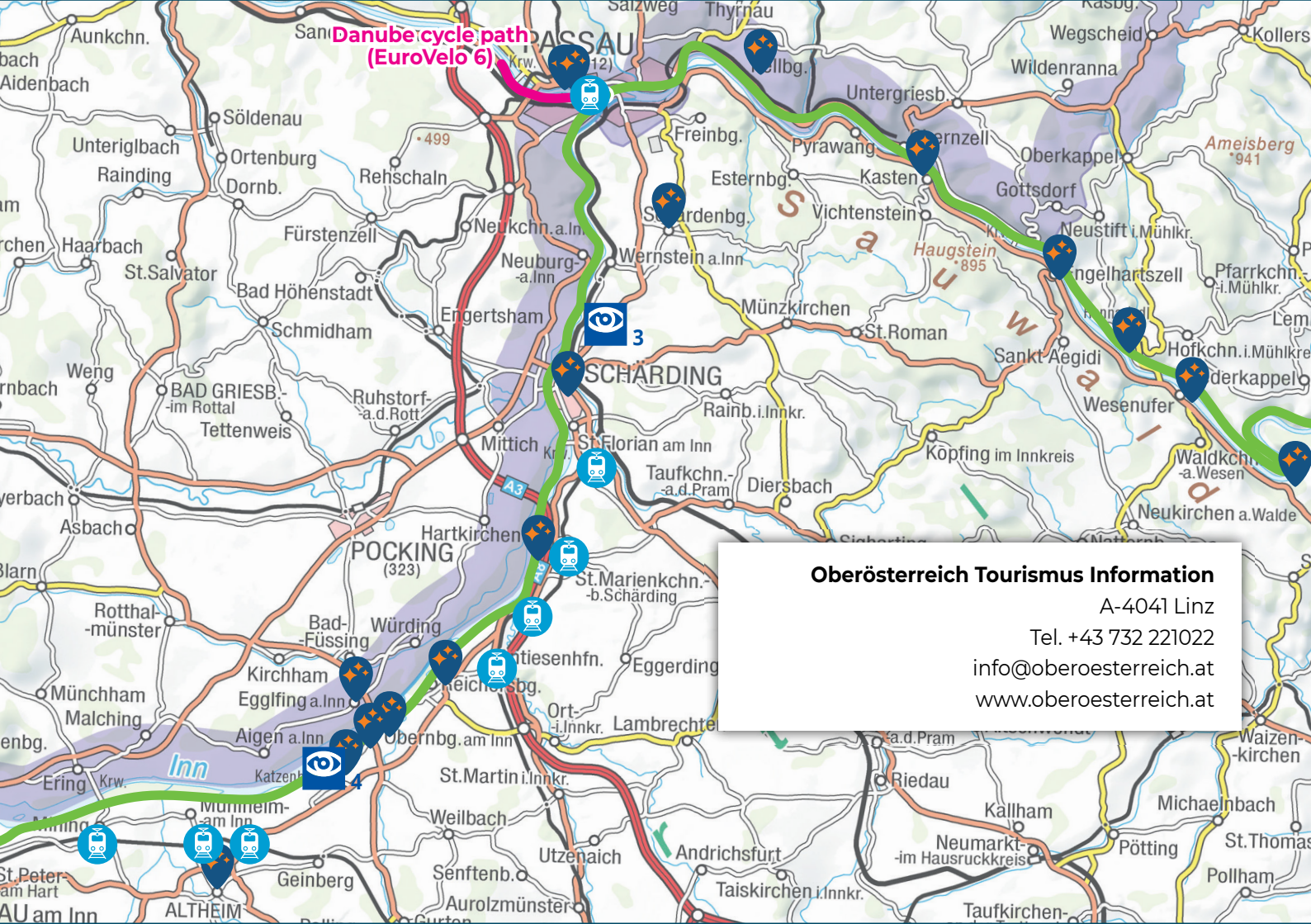
Accessible by public transport:
partly good

Specials: nature, culture, Hohe Tauern national park

Route: Gusental cycle path,
Danube cycle path, Inn cycle
path, Tauern cycle path, Alpe-
Adria cycle path, Drau cycle path







Danube cycle path
(EuroVelo 6)

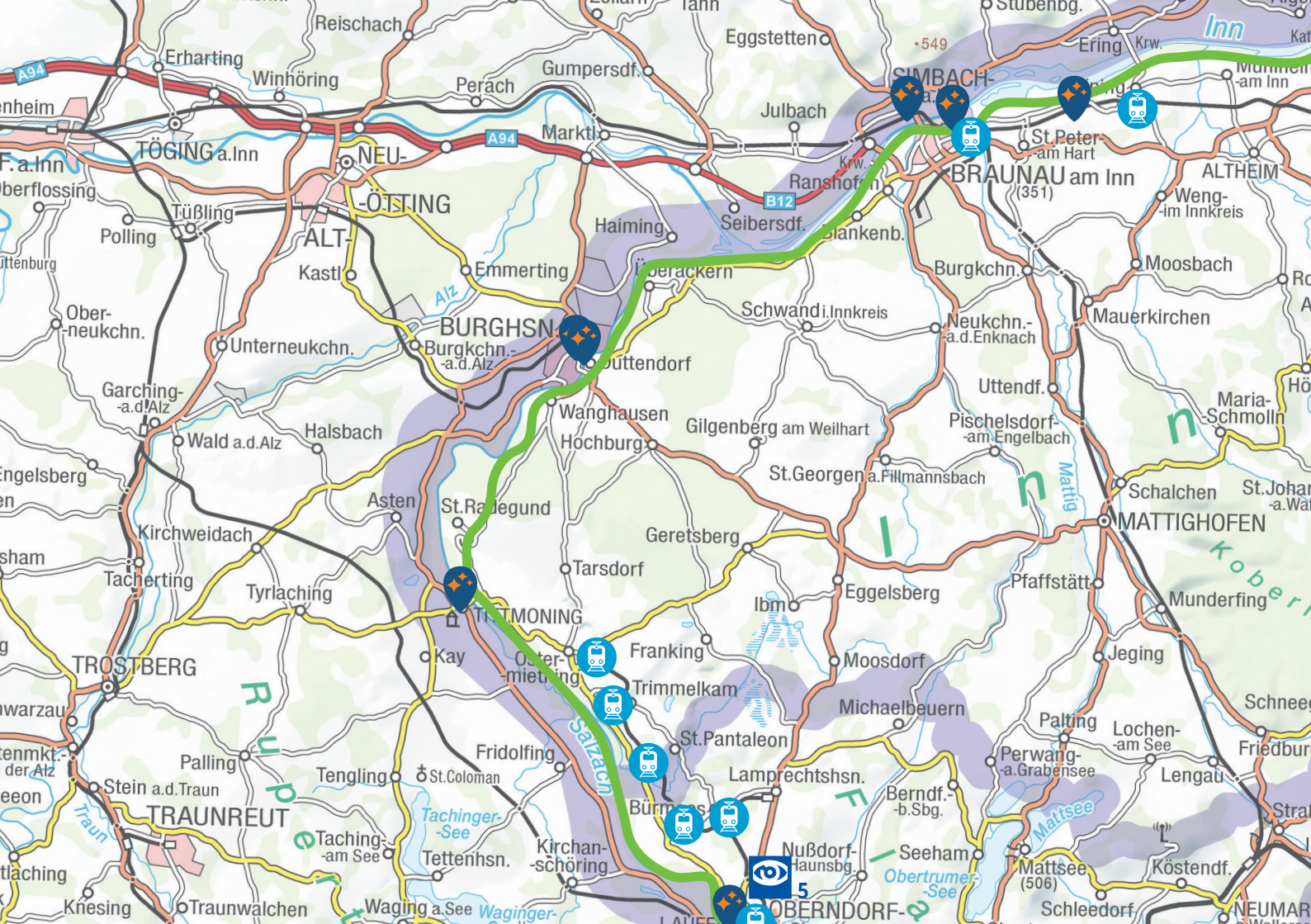
Oberösterreich Tourismus Information

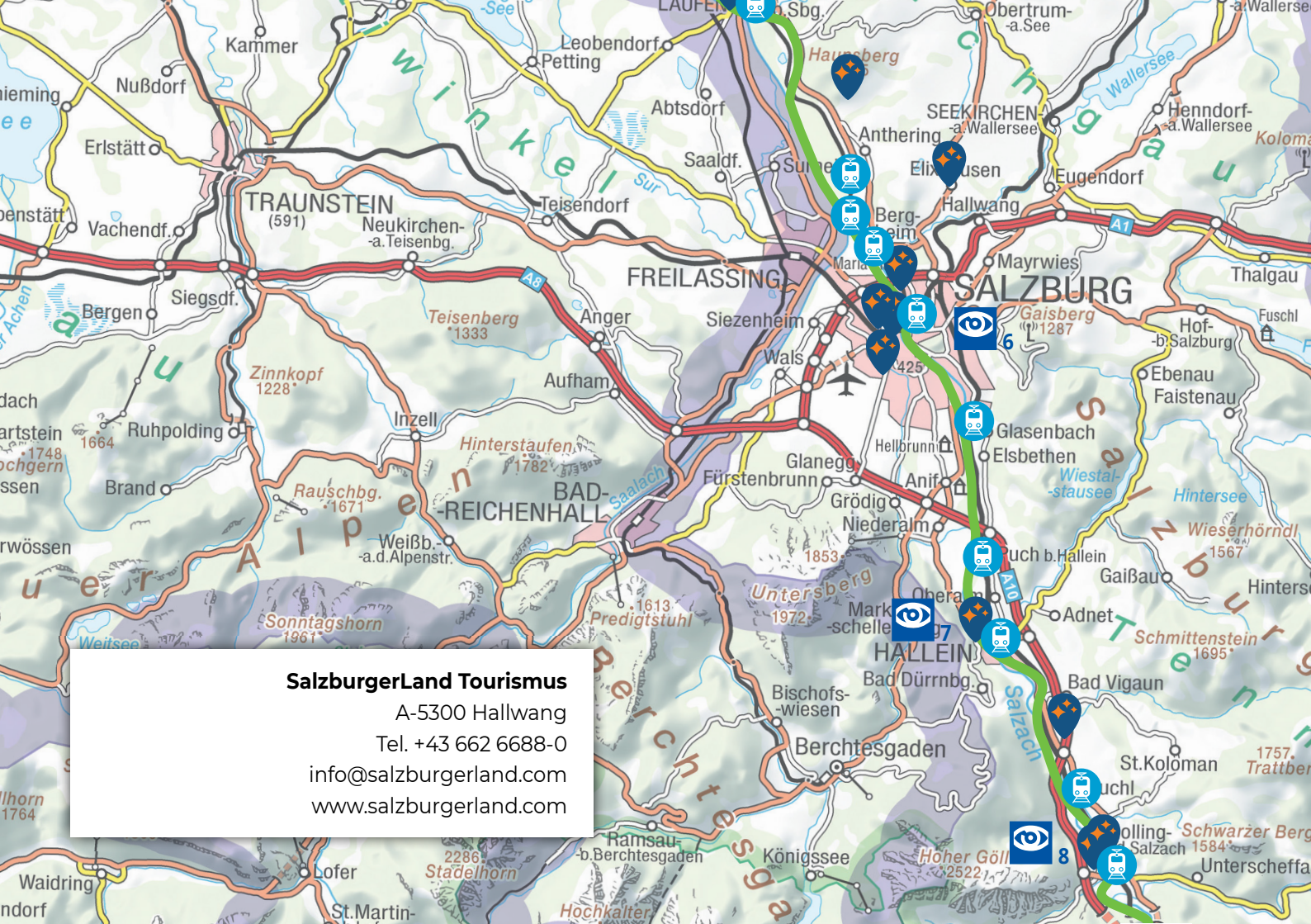
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EuroVelo 7 offers exciting views along alpine rivers: the Inn, Salzach, Drau and the Danube. The route leads through beautiful cities such as Linz and Salzburg, as well as breathtaking nature reserves such as the Hohe Tauern National Park.

At Rading (AT), EuroVelo 7 crosses the Czech border into Upper Austria (Upper Austria without EuroVelo-compliant signage!) and follows the Vyšší Brod loop (8) to Bad Leonfelden.

It continues along the Mühlviertel cycle path (R5) towards Habruck and then southwards along the Gusental cycle path (R28) to St. Georgen.

Afterwards you can bike upstream along the river via the Donau bike path (R1) to Linz, through the famous Schlögener Donauschlinge and further to Passau, the three-river border city.

From Passau you can follow the Inn- or Tauern cycle paths along the Bavarian-Austrian border and through the Lower Inn European Reserve to Salzburg. The city of Salzburg has many cultural attractions and is well worth a longer stay.



Photo: © SalzburgerLand/Markus Greber

From the city of Salzburg, the route runs south along the Tauern bike path and continues with the Alpe Adria cycle path through the Gastein Valley to the Tauern lock at Bad Gastein or Böckstein, where you can cross the spectacular Alpenhauptkamm easily by train.

In Mallnitz we recommend a visit to the „BIOS“ National Park Centre of the Hohe Tauern National Park. The scenic route mostly runs downhill until the Möll Bridge (Möllbrücke).

At Sachsenburg, the EuroVelo 7 branches off onto the Drau cycle path and runs upstream through Lienz to Italy / Innichen (San Candido).



HIGHLIGHTS



Linz

www.linztourismus.at



Schlögener Schlinge

www.donau-radweg.info/schloegener-schlinge



Schärding – one of the Baroque pearls of Austria

The Silberzeile at the Upper Town Square of Schärding on



the Inn attests to the former prosperity of the wealthy merchants that utilised the significant trade route of the Inn River. The pastel colours that decorate the town houses were assigned to different guilds: blue for the bakers, red for the butchers, and yellow or green for the innkeepers.

Schärding is still a city of innkeepers today, along with bicycle-friendly Bed+Bike establishments.



Morning hours at the Lower Inn European Reserve, Kirchdorf am Inn

In 1972, the River Inn was dammed between the power plants at Ering-Frauenstein and Egglfing-Obernberg. This area was acknowledged as the first cross-border European

bird protection area and was granted the title „European Reserve.“ Many waterfowl sing their concerts in the early hours of the morning during the breeding season in spring. The two nearby Bed+Bike hosts in Kirchdorf are excellent locations for visiting the “early birds” concerts.



Oberndorf: Stille Nacht chapel

www.stillenacht-oberndorf.com



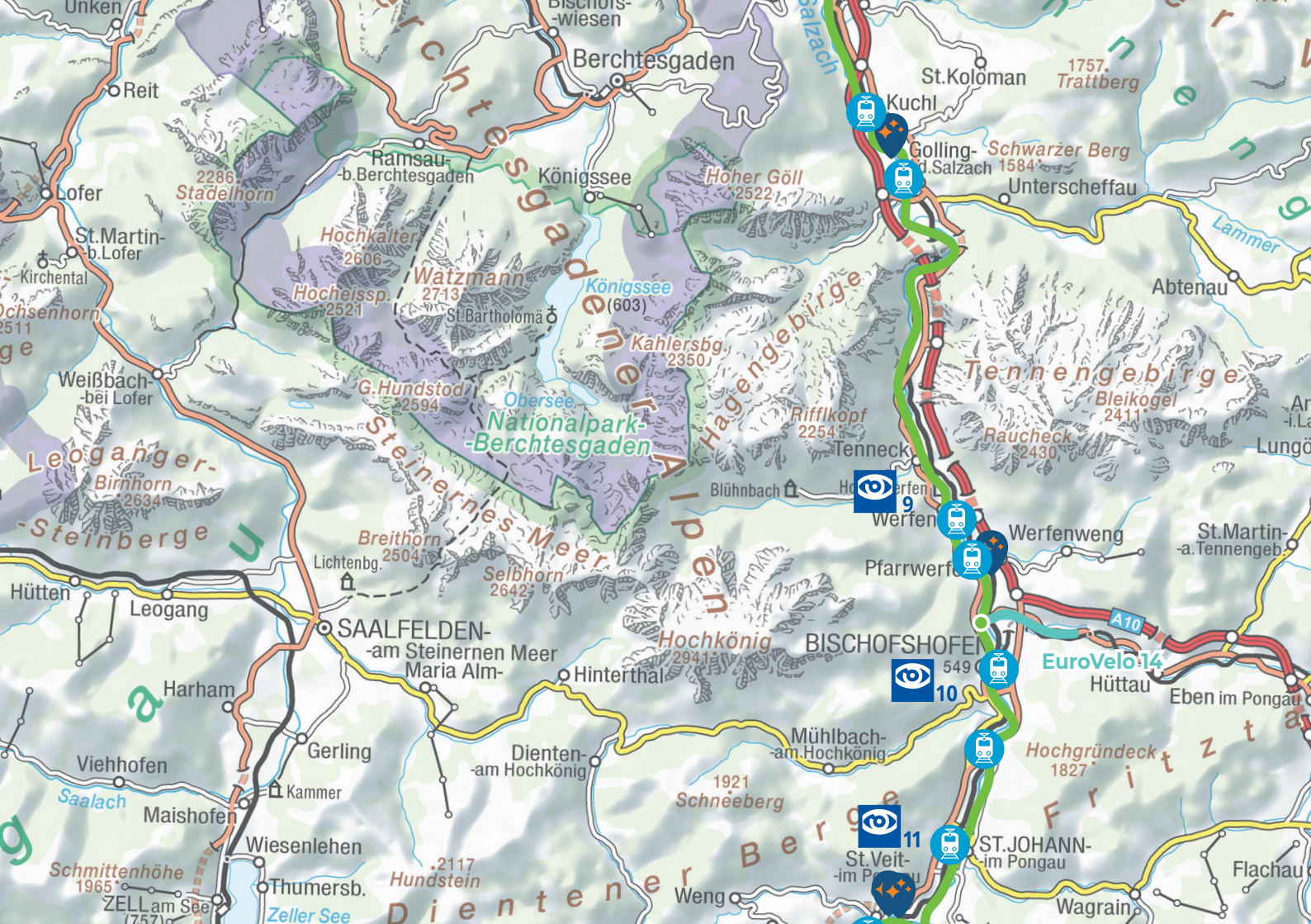
City of Salzburg: Mozart birth house, Hohensalzburg stronghold, Castle and trick fountains Hellbrunn, ...

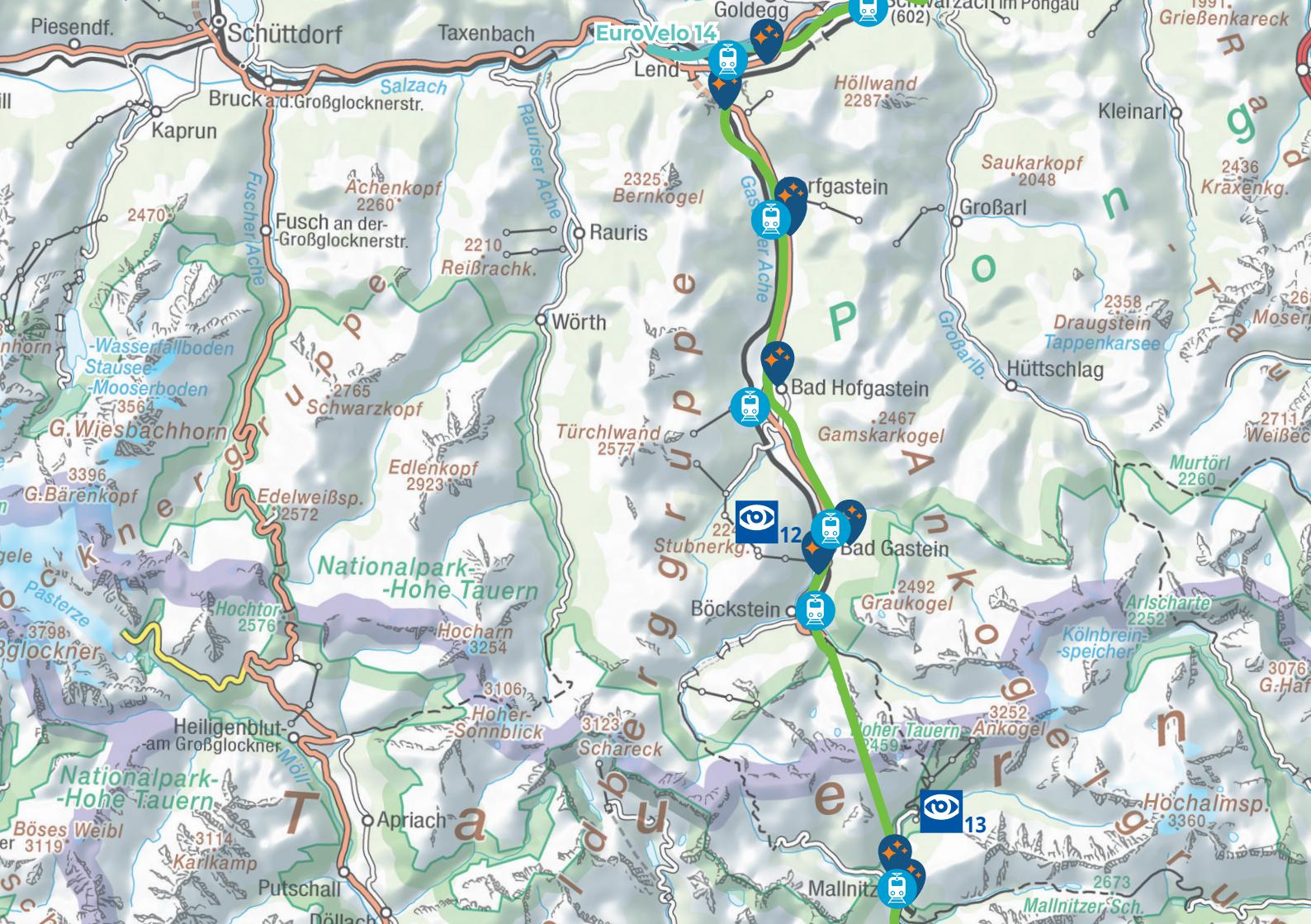
www.salzburg.info



Hallein: salt mine and museum of the Celts

www.hallein.com





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The romantic Golling waterfall

From Golling, after the narrow Tennengebirge, the landscape along the Salzach becomes flatter again. In the village of Torren, the Golling waterfall showcases the power of gravity through the colossal cascade of water. With a total height of 75m, this waterfall puts you in awe of nature's power and beauty. It is just three kilometers from the centre of Golling to reach this natural spectacle, suitable for a refreshing evening ride before going to bed in one of the three Bed + Bike hosts in the center of Golling.



Werfen: Hohenwerfen castle

and Eisriesenwelt

www.salzburg-burgen.at/de/werfen + www.eisriesenwelt.at



Bischofshofen: ski jumping slope

www.skiclub-bischofshofen.at



St. Johann/Salzburg: Liechtensteinklamm

www.liechtensteinklamm.at



The transforming power of water in Bad Gastein

During the „Belle Époque“, this former mountain village attracted emperors and kings from half of Europe due to its offering of thermal waters. Since 1840, it has been possible to walk across the bridge at the „Mittlerer Wasserfall“ (Central Waterfall), one of three cascades of the Gastein waterfall.

Next to it, a power plant with three Francis turbines has been converting hydrostatic energy into electrical energy for over 40 years. In fact, Bad Gastein was the first electrically lit health resort in Europe. However, the climb to the power plant and the waterfall is a challenge for the legs or even the electric motor. Luckily, the power station at the waterfall has now been converted into a café, where



you can refuel your body and e-bike. There are also several bed+bike inns for a relaxing overnight stay.



Mallnitz and its Seebach Valley

After an eight-kilometre train ride through the tunnel of the main Alpine ridge, cyclists and bicycles reach Mallnitz station. To compensate for the darkness in the tunnel, we recommend a trip to the Seebachtal - one of the most beautiful high valleys in the Hohe Tauern National Park.

From the mountain slopes to the left and right, the water flows in small waterfalls and rivulets towards the Seebach, which flows through the valley floor. The idyllic Lake Stappitz is

valued by migratory birds as a resting place - and the two Bed+Bike hotels offer accommodation on the Alpine crossing before the bikes roll back down into the valley.



“Filled Dumplings” from the pasta workshop “Zum Goldenen Rössl” in Sachsenburg

Upper Carinthia is considered



Photo: © Zum Goldenen Rössl

the origin of the Carinthian Kasnudeln. “Filled dough” was mentioned in travel reports to the Drautal as early as the 15th century. Their typical feature is their “crowned” or jagged edge. The pasta workshop at the Gasthof “Zum Goldenen Rössl” in Sachsenburg brings variations to the table: from Carinthian cheese noodles with browned butter or bacon to pumpkin and potato noodles with sheep's cheese. From here, the way to spend the night at the next Bett+Bike residency is then just a short one.



Early storytelling in the Romanesque Churches of Berg im Drautal

Carinthia is a land of Romanesque churches; their frescoes

provide fascinating insights into early storytelling. The churches of Berg im Drautal up in the town and down in the valley, as well as the Romanesque Karner “Michelele”, are particularly impressive examples of the architecture of the late Romanesque period.



After your EuroVelo day experience, these churches invite you to linger in a world full of symbols and wonders. The five Bett+Bike hosts in Berg are the best addresses for immersing yourself in the world of soothing sleep.



Visit the retired steam locomotives at the Lienz shed


The Puster Valley (Pustertal) and the Carinthian Drautal Valley (Drautal) of South Tyrol have been connected by railway since 1871. The locomotives were facing challenges on the 46km climb from Lienz to Dobbiaco. Extra locomotives

had to be available in Lienz to help hauling the trains. The steam locos are now replaced by electric trains, but some of the older units are being exhibited at the Lienz loco shed. The steam locomotive 52.3816 has a particularly majestic appearance.



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